



INDIAN MEDICAL ASSOCIATION, TELlichERRY

Monthly Report of Activities for the month of October 2024

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MEMBERSHIP

SCHEME	SCHEMES JOINED THIS MONTH	TOTAL MEMBERS JOINED
NEW MEMBERS	1	628
JDN(Less than 40)		128
SSS I	1	323
SSS II		283
SSS III		239
PPS	1	346
CGP		37
AMS	-	133
PEPS		10
KHS	1	376
MBS		28
PENSION SCHEME	-	28
PDSS		14
NAMMUDE AROGYAM COPIES		400

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2.BRANCH MEETINGS

I) EXECUTIVE COMMITTEE MEETINGS

23.10.2024: Executive Committee

Executive Committee Meeting on 23.10.2024. Dr.Nadeem Abootty (Secretary IMA Thalassery) welcomed the gathering and 55 members attended the meeting. Vote of thanks was proposed by Dr.Sreejith Valappil (Secretary IMA Thalassery).



II) BRANCH CME

20.10.2024: CME

20.10.2024: IMA Thalassery and Comtrust Hospital jointly conducted one day Ophthalmology CME at hotel binale on 20.10.2024. Dr Nadeem Abootty (IMA President Thalassery) felicitated the inaugural function. Sri Ramachandran Kadannapalli (Hon'ble Minsiter) Inaugurated the Ophthalmology CME programme .



സംസ്ഥാന നേതൃത്വരോഗ സെമിനാർ കണ്ണൂരിൽ സംഘടിപ്പിച്ചു. ഹോട്ടൽ ബെനാലെയിൽ മുന്തിരാമചന്ദ്രൻ കടന്നപ്പള്ളി ഉദ്ഘാടനം ചെയ്തു
കോട്രസ്റ്റ് ചാരിറ്റബിൾ ട്രസ്റ്റ് ഐ ഹോസ്പിറ്റൽ, കണ്ണൂരിലെ ഫുൾടൈം മോണിറ്റർ സൊസൈറ്റി, ഇന്ത്യൻ മെഡിക്കൽ അസോസിയേഷൻ തലശ്ശേരി എന്നിവയുടെ സംയുക്തഭിക്ഷുപ്തിലാണ് സെമിനാർ സംഘടിപ്പിച്ചത്

NEWS MEDIA MALABAR

DESIGN GOLD KADAVATHUR ROAD, KALLIKKANDY
 DIAMONDS & SILVER Tel. 0490 2555 916 / 9207 555 916
 E-mail: designgoldkdkd@gmail.com

3. BRANCH INSTALLATION OF NEW OFFICE BEARERS BEFORE 31ST OCTOBER.

11.10.2024: GENERAL BODY MEETING & INSTALLATION OF NEW OFFICE BEARERS 2024-25

Installation ceremony was on 11th October at Hotel Navaratna Inn, Thalassery at 7.30pm. Dr. Joseph Benaven (State President IMA KSB 2023-24) installed the new office bearers. Dr. Nadeem Abootty, Dr. Sreejith Valappil and Dr. Deepa Divakaran were installed as the President, Secretary and Treasurer respectively. Welcome address was given by Dr. Aravind C Nambiar (President 2023-24) Dr. Bithun Balan K (Secretary 2023-24) presented the reports for the year 2023-24. Dr. Babu Raveendran (Past National Vice President IMA), Dr. Sasidharan K (State Secretary IMA KSB 2023-24), Dr. Ramesh R (IMA Past State President) and Dr. Srikumar Vasudevan (IMA Past State President) addressed the audience. Dr. Rajeev Nambiar C K (Secretary PCS) delivered felicitation speech. The meeting was attended by members of the IMA, neighboring IMA branches, other service organizations including Lions Club, Elders Forum, Senior Citizens Forum, Senior Chamber, Jaycees, IDA and members from the press. Vote of thanks was proposed by Dr. Sreejith Valappil, Secretary IMA Thalassery.







4) BRANCH COMMUNITY & SOCIAL ACTIVITIES

11.10.2024: SOLIDARITY DAY

Following the direction of IMA Kerala State, a candlelight was held to condemn the violence and death of a doctor in Kolkata.



12.10.2024: Dr Nadeem Abootty(President IMA Thalassery) inaugurated anniversary celebration of Thanal punnol rehabilitation centre. Sri Ramesh parambath (MLA Mahe) Inaugurated Thanal pediatric physiotherapy during the occasion.



14.10.2024: INSTALLATION CEREMONY IMA THALIPARAMBA

Dr.Aravind C Nambiar (IPP) and Dr.Nadeem Abootty (President IMA Thalassery), Dr Bidhun Balan Kunnummal attended the installation ceremony of New Office Bearers of IMA Thaliparamba.



15.10.2024: 15.10.2024: THALASSERY CO-OP HOSPITAL GAVE RECEPTION TO IMA OFFICE BEARERS.

IMA ഓഫീസർമാർക്ക് തലശ്ശേരി കോ-ഓപ്പറേറ്റീവ് ഹോസ്പിറ്റലിന്റെ സ്നേഹദാനം

IMA തലശ്ശേരിയുടെ പ്രസിഡന്റായി തിരഞ്ഞെടുക്കപ്പെട്ട തലശ്ശേരി കോ-ഓപ്പറേറ്റീവ് ഹോസ്പിറ്റലിലെ ഫാമിലി മെഡിസിൻ വിഭാഗം ഡോ: നദീം അബൂട്ടി, IMA തലശ്ശേരിയുടെ സെക്രട്ടറിയായി തിരഞ്ഞെടുക്കപ്പെട്ട തലശ്ശേരി കോ-ഓപ്പറേറ്റീവ് ഹോസ്പിറ്റലിന്റെ ഡയറക്ടറും ഇൻ്റർവെൻഷണൽ കാർഡിയോളജിസ്റ്റുമായ ഡോ:ശ്രീജിത്ത് വള്ളീൽ എന്നിവർക്ക് തലശ്ശേരി കോ-ഓപ്പറേറ്റീവ് ഹോസ്പിറ്റലിന്റെ സ്നേഹദാനം ആശുപത്രി പ്രസിഡന്റ് എം.സി പവിത്രൻ കൈമാറി



17.10.2024: INSTALLATION CEREMONY IMA KUTHUPARAMBA Dr.Ramesh R, Dr.Nadeem abootty, Dr.Bidhun Balan Kunnummal, Dr Gopeenathan P, Dr Rethika Srikumar attended the installation ceremony of New Office Bearers of IMA Kuthuparamba. Dr.Nadeem Abootty (President IMA Thalassery) felicitated the function.



26.10.2024: Rebelde Arts and Sports Club conducted a first death Anniversary of Dr.P K Sudhakaran's. A N Shamseer(Hon'ble Speaker, Kerala Legislative Assembly) inaugurated the programme. Chokli Gramapanchayath Vice President Mr.Chandran presided the function. Dr.U K Raveendran delivered the keynote speech. Dr.Nadeem Abbooty,Dr.A P Sreedharan, Dr.Neethu addressed the gathering.



26.10.2024: Talk on Adolescent healthy lifestyle to Paediatricians and general practitioners during the World Adolescent Health care week was taken by Dr.Priya (Past Treasurer WIMA Thalassery).



28.10.2024: Dr. Sreejith Valappil being honoured by Rotary Club, Thalassery on his being elected Secretary IMA, Thalassery.



30.10.2024: A Medical camp was held Thalassery Mission Hospital. IMA members participated in the camp.



5) PARTICIPATION IN STATE MEETINGS

06.10.2024: REVIVE THRIVE

Dr.Sreejith Valappil, Dr.Sudhakaran Komath, Dr.Ramesh Babu, Dr.Mini Balakrishnan, Dr.Dhanya Nellisery, Dr.Sreeja Viswan, Dr.Geetha M, Dr.Sheela C D & Dr.Bindu C K attended the Kerala First State Fitness Conference for doctors at Kottayam.



6) STATE PROGRAMMES

ii) Nammude Arogyam Subscription

Thalassery IMA has been the subscriber for Nammude Arogyam. 400 copies being ordered this month. These copies are being distributed through various private hospitals in Thalassery.

ii) Observation of State designated days

19.10.24: WORLD HOSPICE AND PALLIATIVE CARE DAY

In connection with World Hospice and Palliative care Day observed on 12th Oct 2024, a get together for SPANDANAM (stoma patients support group) was held in Malabar Cancer Centre on 19.10.2024. The program was inaugurated by Dr.Satheesan B, Director MCC. Dr.M.S.Biji(Chairperson WIMA Thalassery) welcomed the patients and their relatives. Around 50 members participated in the program. Session on “What is stoma?” was taken by Dr.Vivek Vishwanath, Surgical Oncologist. A session on “Diet and stoma” was taken by Ms Sreya , Fellow in Dietitics and “Care of stoma” was taken by Ms Sheeja Nellika,Stoma Nurse, MCC. Patients and relatives cleared many of their doubts. Various stoma bags and related appliances were displayed by two pharmaceutical companies.The program ended at 1.00 pm.



20.10.2024: BREAST CANCER AWARENESS RALLY

IMA members actively participated in the PINKATHON rally in connection with Breast Cancer Awareness Month (Pink Month) organized by Lions International Club which started from Thalassery Stadium and ended up after a two kilometers rally. Dr.Mini Balakrishnan(WIMA Co-ordinator North Zone) spoke on the occasion. An awareness session on breast cancer was taken by Dr.Suchitra Sudhir (Past Chairperson WIMA Thalassery)at Mattanur lion's hall.



24.10.24 & 25.10.24: PINK OCTOBER MONTH 2024

In connection with Pink October Month 2024, Dr.Suchitra Sudhir (Past Chairperson WIMA Thalassery) gave a talk on “Awareness of breast cancer for the public” in the ‘Aarogya Deepthi’ program of All India Radio.



26.10.2024: Awareness on breast cancer

Awareness on breast cancer for ASHA workers and mothers at PHC Kodyeri on 26th October by Dr.Dhanya Chandran.



28.10.2024: Dr Bithun Balan represented IMA Thalassery in the Beyond the Pink - Breast Cancer Awareness Campaign conducted by Kannur Medical College Anjarakandy.



29.10.2024: Stroke Day

IMA Thalassery in association with Chettamcoon Residents Association conducted the World Stroke Day Programme at Gokulam Fort Thalassery. Dr.Nadeem Abooty (President IMA Thalassery) presided the function. Talk on Stroke was given by Dr.Rajeev Nambiar (Senior Consultant Neurologist,Tellicherry Cooperative Hospital). About 55 people attended the programme. Vote of thanks proposed by IMA Secretary Dr.Sreejith Valappil . Free blood glucose test and cholesterol testing was done by Heed n Heal Clinic,Thalassery.


ഇന്ത്യൻ മെഡിക്കൽ അസോസിയേഷൻ, തലശ്ശേരി
& ചേറ്റാംകൂന്ന് റസിഡൻസ് അസോസിയേഷൻ
 സംയുക്താഭിമുഖ്യത്തിൽ
 

പക്ഷാഘാത ബോധവൽക്കരണ ക്യാമ്പ്

തലശ്ശേരി ഗോകുലം ഫോർട്ട് ഹോട്ടലിൽ

2024 ഒക്ടോബർ ചൊവ്വാഴ്ച കാലത്ത് 8.00ന് 29

പ്രശസ്ത ന്യൂറോളജിസ്റ്റ് ഡോ. രാജീവ് നമ്പ്യാർ ക്ലാസ്സെടുക്കുന്നു.



29.10.2024: IMA Thalassery , PHC Kodyeri & Kodyeri Govt Homeo Dispensary conducted the World Stroke Day Programme at Kodyeri Govt Homeo Dispensary. Stroke Day Awareness Class by Dr.Dhanya M K,Medical Officer PHC Kodyeri.



As part of World Stroke Day, a class on the importance of time in stroke management was conducted on 29th October for hospital staff by senior neurologist Dr. Rajeev Nambiar at Tellicherry Co-operative Hospital, in association with IMA Thalassery. The session emphasized the critical role of rapid intervention in stroke care, training staff to recognize early signs and ensure timely responses to improve patient outcomes.



7) SUB COMMITTEE ACTIVITIES

i) Sessions on Leadership & Communication skills'-

30.10.2024: Session on of communication importance for op staff-Thalassery Mission Hospital. Class was taken by Dr.Mini Balakrishnan.



31.10.2024: 2nd class for staff Session on effective communication and hand over-Thalassery Mission Hospital. Class was taken by Dr.Mini Balakrishnan



ii) Hospital Violence

IMA Thalassery distributed posters to various hospitals to raise awareness about the Hospital Protection Act. These posters were sponsored by IMAGE.



iii) Committee for ELS Training

05.10.2024: TALK ON BLS & HEIMLICH MANEUVER FOR KANNUR AKASHAVANI FM RADIO

IMA Thalassery ELS convener Dr Anand K delivered a talk on BLS & Heimlich maneuver for Kannur Akashavani FM radio (101.5 MHz). The recording was broadcast in three parts at 12.40 pm on October 5th, 7th & 9th in the 'Arogyadeepthi' segment.

09.10.2024: FIRST AID & BLS SESSIONS FOR KSEB STAFF

IMA Thalassery conducted two First AID & BLS sessions for KSEB staff under Thalassery Electrical sub division on 09.10.2024 at MSS Hall,Thalassery. Session was taken by Dr Anand K and attended by 100 participants.



8. SPECIAL PROJECTS BY BRANCH

1) Tida Projects

IMA Thalassery's pride project Healers haven work going well as planned. Structural works completed. Internal plastering almost completed. External plastering ongoing half way done. Phase 2 Convention centre & lodging block work will be starting soon

2)Pain and Palliative Care Society

- 1.NUMBER OF NURSES HOME CARE CONDUCTED... 9 (ON ALL WEDNESDAYS AND SATURDAYS)
- 2.NUMBER OF VOLUNTEERS (HOME CARE CONDUCTED).... 9
3. NUMBER OF VOLUNTEERS HOME CARE PATIENTS... 38
- 4.NUMBER OF NURSES HOME CARE PATIENTS... 38
5. NUMBER OF OUT PATIENTS (OP) CONDUCTED..5 (ON ALL WEDNESDAY)
6. NUMBER OF PATIENTS OP ATTENDED.....106
7. NUMBER OF WOUND CARE PATIENTS.... 5
8. NUMBER OF CATHETER CARE PATIENTS.... 12

